

START HERE

ONCE A DAY

- GUESS how your teenager would answer today.
- DECIDE how you would want your teenager to answer a year from now.
- GO TO RichardARoss.com/parents to discover how to make that happen.

RELATIONSHIPS

DAY 1

Which is most true?

- ☐ My mom and I are very close to each other.
- ☐ My mom and I are somewhat close to each other.
- ☐ My mom and I are somewhat distant from each other.
- ☐ My mom and I are very distant from each other.

DAY 2

The degree of romance my mom shows toward my dad . . .

- ☐ Makes me feel secure that our home will stay together.
- ☐ Makes me a little hopeful and a little nervous about our home staying together.
- ☐ Makes me feel insecure about our home staying together.

DAY 3

Which is most true?

- ☐ My mom shows lots of interest in knowing my dreams, fears, and goals.
- ☐ My mom shows some interest in knowing my dreams, fears, and goals.
- ☐ My mom shows almost no interest in knowing my dreams, fears, and goals.

DAY 4

Which is most true?

- ☐ When my mom is eating, she always would rather enjoy TV or technology than talk to me.
- ☐ When my mom is eating, sometimes she would rather enjoy TV or technology; and sometimes she would rather talk to me.
- ☐ When my mom is eating, she always would rather talk to me than enjoy TV or technology.

DAY 5

My mom says "I love you" . . .

- ☐ Most days.
- ☐ Occasionally.
- ☐ Only on very special days.
- ☐ Never.

DAY 6

My mom . . .

- ☐ Hugs me often.
- ☐ Hugs me occasionally.
- ☐ Used to hug me when I was small but stopped.
- ☐ Has hardly ever hugged me.

DAY 7

My very busy mom . . .

- ☐ Adjusts her schedule to spend time just with me.
- ☐ Adjusts her schedule to spend time with my sibling but not with me.
- ☐ Seldom ever spends one-on-one time with her kids.

DAY 8

I would go to my mom for more conversations, but . . .

- ☐ I'm afraid she will judge me.
- ☐ I'm afraid she would not understand.
- ☐ I'm afraid she is too busy.
- ☐ I go to my mom any time I want.

DAY 9

Which is truer?

- ☐ I am basically happy with the amount of time my mom and I spend together.
- ☐ I am sad my mom and I do not get more time together.

DAY 10

When I do something wrong . . .

- ☐ My mom is more likely to get angry/shout/make me feel ashamed than to calmly give me the punishment I deserve.
- ☐ My mom is more likely to calmly give me the punishment I deserve than to get angry/shout/make me feel ashamed.

DAY 11

When I try hard or do well, my mom . . .

- ☐ Always encourages me.
- ☐ Sometimes encourages me.
- ☐ Seldom encourages me.
- ☐ Never mentions it.

DAY 12

Which is most true?

- ☐ My mom often sees me as growing up and gives me more responsibility.
- ☐ My mom sometimes sees me as growing up and gives me more responsibility.
- ☐ My mom tends to see me as a child.

FAITH

DAY 13

Which is most true?

- ☐ My mom loves God with all her heart, soul, and mind.
- ☐ My mom somewhat loves God with all her heart, soul, and mind.
- ☐ My mom is religious, but her love for God is not so strong.
- ☐ My mom is not religious.

DAY 14

I would guess my mom has a long talk with Jesus . . .

- ☐ Every morning.
- ☐ Some mornings.
- ☐ Few mornings.
- ☐ No mornings.

DAY 15

I would guess my mom reads her Bible . . .

- ☐ Every morning.
- ☐ Some mornings.
- ☐ Few mornings.
- ☐ No mornings.

DAY 16

I would guess that my mom . . .

- ☐ Would cheer me on if I chose a vocation that would pay little if I knew Christ were telling me to.
- ☐ Would have mixed emotions if I chose a vocation that would pay little even if I knew Christ were telling me to.
- ☐ Would pressure me not to enter a vocation that would pay little even if I knew Christ were telling me to.

DAY 17

Which is truer?

- ☐ My mom would rather see me live for Christ than win a big award or scholarship.
- ☐ My mom would rather see me win a big award or scholarship than live for Christ.

DAY 18

Watching my mom tells me her greatest love is probably:

- ☐ Family.
- ☐ Her work.
- ☐ Dad.
- ☐ God.

DAY 19

Watching how my mom thinks, feels, and acts . . .

- ☐ Often reminds me of Jesus.
- ☐ Sometimes reminds me of Jesus.
- ☐ Seldom reminds me of Jesus.
- ☐ Never reminds me of Jesus.

DAY 20

For my mom, the Bible is . . .

- ☐ The final authority for life.
- ☐ One thing you should at least consider.
- ☐ Nice but not that important.

DAY 21

For my mom, seeing people she cares about come to know Jesus is . . .

- ☐ Very important.
- ☐ Somewhat important.
- ☐ Not very important.